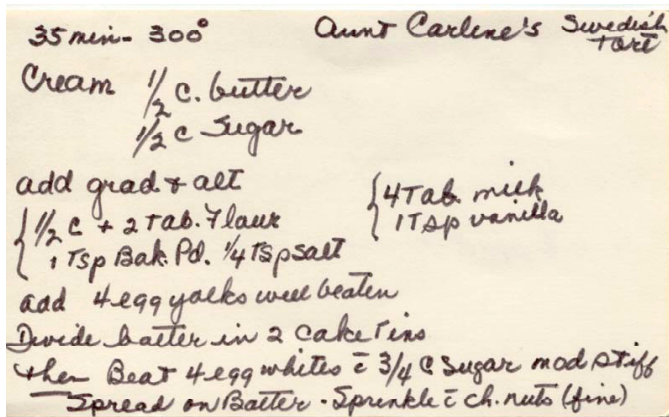


Carla Melander's Aunt Carline and Elfreda Hulthen

Here we go. . . Carline was Nana's first cousin who came from Sweden as a young lady of approx. 18yrs. She worked first in New York for a wealthy family as cook and maid. I don't know how she met Carl Linden, but she married him, had a child, C. Victor Linden, and lived in Springfield, Massachusetts near her work as head cook for the High School of Commerce on State St. Her cooking was renowned. Often she would direct and prepare teacher's Teas, and buffets for The Order of The Eastern Star (women's counter org. of the Masons) and other important social functions.

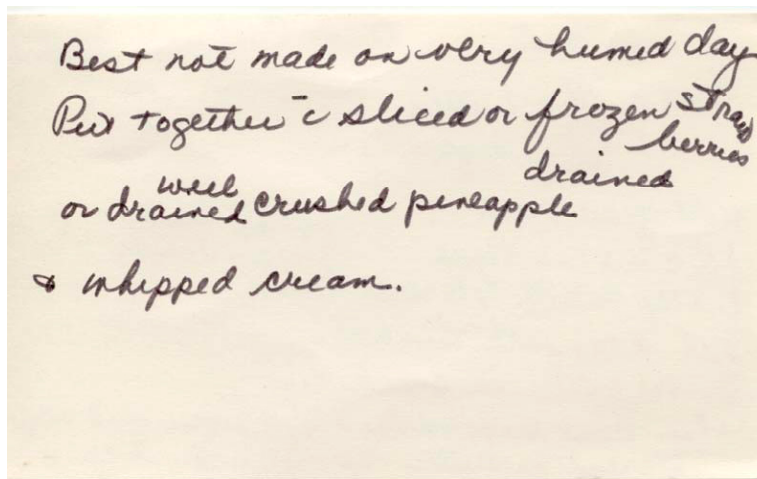


Aunt Carlene's Swedish Tart

Longmeadow, Massachusetts. Incidentally, A. Carline was also first cousin to Elaf Johnson of Elaf and Esther, parents of Arthur Johnson, the best photographer in Springfield, in the 40s and 50s. Arthur lived fairly close to the Melanders in Spfld, while his parents lived on Maple street in East Longmeadow.

Carline liked to cook with butter...piecrusts, cookies, etc. Her Swedish Spritz were of butter, sugar, eggs, and flour to hold them together. Lucious! That's a recipe Carla loved. As for Nana's Silte, or Silta, indeed, it is made of the shoulder of veal boiled til the meat falls off the bones, spiced with cinnamon and cloves, the meat shredded and

pressed into a loaf dressed in cheesecloth, and pressed down for several days with heavy weight. Kept cold of course until the juices became congealed and one could slice it into thin slices. This was always looked forward to at Christmas time. I've seen the recipe several times in Swedish cookbooks, but never ventured to make it.



Aunt Carlene's Swedish Tart

Elfreda Hulthen was a spinster woman when I knew her. She lived at various times with A. Carline, and/ or Nana. Never married. Child like, with no living relatives in America that I can recall. She too was Swedish, and the three women would frequently loll over

James Christopher Neylon (1911-1973) and Carla Wilhelmina Melander (1910-1994)

coffee after a Sunday dinner and talk over the good times they had at the Order of Vasa picnics or some other festivity they'd attended with the fraternal members. She was always addressed as Elfreda--she worked for many years at Power's Papers -a manufacturer of specialty papers for elegant books, hat boxes, elegant stationery, jewelry



Jane Davis Moody presumably 1974

boxes, etc. ' Kept the Melander household in exquisite stationery. They almost never missed the Christmas Eve midnight vigil at the Swedish Lutheran church. I remember Carline telling about one particular time they had to walk a very long way home through deep snow and how frozen they were when they reached home. They were a hardy lot, and sweet people. I remember A. Carline wasn't sure she would accept me as a new member of the Melander family, and upon asking her to share a recipe with me she abruptly said she didn't share her recipes. A few years after that, though, she voluntarily gave me her cheesecake recipe made mostly with cottage cheese (many, many fewer calories, but just as delicious, of course) That made me quite happy. All for now.. must get home to make scampi for dinner. Love, Jane

Email To Chris Neylon
From Jane Moody Melander
May 21, 2002